

The Arimathean

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Ah the sounds and smells of summer! The smoke from a briquettes just being lit, freshly mowed grass, the thip, thip, thip of a sprinkler. A real sprinkler – that you see children run and jump through, not the ones who magically appear from lawns for the purpose of irrigation and keeping up with the Jones! No offense intended Mr. and Mrs. Jones!

These are naturally lazy months. The idea of cleaning closets or painting the den is not on the top of the list. Perhaps what book to tuck in your beach bag, or recipes that can stay out of a fridge for long periods of time take priority. Well that's what some magazines want you to believe. I don't know about you, but I haven't been able to plan my summer around the best seller in the NY Times summer reading suggestion list, or plan more than one bar-b-q at a time!

My summer is in part catch-up to everything I didn't have time to do during the year, because of ALL the stuff we're doing at St. Joe's, and to contemplate on what else is peeking ahead of me in the future.

I really do need to clean out my closets – will it then make me content and happy? No, probably not, but it will be a heck of a lot easier to find stuff – so it is a stress easer in some ways.

I also should really consider painting the kitchen – a fresh coat of paint does a whole lot to raise the spirit – doesn't it?? Hmm, I have to think on that one – my spirit has been raised since I walked through those big red doors. Cleaning closets and putting a fresh coat of paint on the walls is in fact a good change – a freshness, brightness, a different way of looking at the same old thing – isn't it? Hmm.

I know St. Joe's is in for some more changes – but after being here for the few months I have been, it seems like that has been a good bit of the past history. A history of continued changes. Everyone has stories, memories – some good, some difficult, but each one of those events has brought us to right here, right now – good, bad, ugly or indifferent – it is what it is. And right now, as far as I can tell – what is – is pretty darn good.

The atmosphere in this building is not because of 'one' person, it is because of ALL the people who come and go. IF it was because of one person, that would be way to easy to 'change' – simply remove the person for another person – right?



Blessing of the Backpacks... September 6th!

Summer is drawing to a close and the start of a new school year is just around the corner. Several children in the congregation will be beginning at a new school others will be entering a new grade at a familiar school. All will be experiencing new challenges and opportunities. Teachers and others who work in the schools will be heading back to meet new classes and students.



will be returning to school as students, teachers or in some other role are asked to bring their backpacks or some other item such as a briefcase, lunch bag or laptop computer that will be going to school with them. These items are symbols of the work to be done in this school year. We will

be offering prayers and blessings for all who are returning to school.

A new school year brings forth many emotions in students teachers and parents; hope, happiness, excitement, fear, joy, dread, relief, sadness, resignation.... The message of this blessing service is that God is with us no matter where we go or what we do or how we are feeling.

Blessings for a new school year.

Pastor Claire

This year we will be marking the event with a "Blessing of the Backpacks" at the 10:30 AM service on September 6th. Children as well as adults who

**Sunday,
September 6th**

Services will once again be starting at 8:30 and 10:30 AM

A Farewell Tea Party

On Saturday, July 10th parish members gathered to say a fond farewell to Pastor Addie Clark. Pastor Clark is moving to Monroe, Ohio to begin her retirement. The tea party included scrumptious homemade dishes, delightful desserts coffee and teas. The McNeely room tables were decorated for

the event, with fresh flowers and a beautiful buffet, created by Katie Saliba – that truly was the focal point of the room.

About 25-30 came to visit, even if it was only for a moment throughout the morning. A note of thanks was received from Pastor Addie

who had a lovely time and was deeply touched by the event. We wish her all the very best!





Cover letter: Just a Thought...

Hmmm, maybe, maybe not. But to change the atmosphere because ALL the people who actually are the church itself, have to re-think, re-evaluate, re-new, re-fresh, remember why they are here –right? Hmmm, that deserves some more thought too.

Someone I greatly admire recently told me I needed to do some thinking. Easy thing to request isn't it? Hmmm, nope, I soon discovered it wasn't easy at all – it made me have to re-evaluate, and mull on things that might be uncomfortable to mull over. Maybe I didn't want to, maybe I wasn't ready to. But you know something, it was just what I needed to do. Why? Because you can not truly grow if you don't. We all need to make time to think. Carve a piece of your day out, today, to do just that. Allow yourself the pleasure and yes, maybe even the pain to do that. Be aware of what you're doing, be mindful – and know there really is

a purpose that will show itself to you, in a way you might not have thought of! No pun intended.

If St. Joseph's wants to grow – we ALL have to think about it. We have to figure out the 'how' and create a plan. We ALL have to brainstorm and really think of ways to make it happen – and not be afraid of actually trying it.

Do you realize how afraid some people were of attempting a tag sale?? I was so surprised that one of the reasons I was warned about was, and I quote, "it is too hard; Its too much work! It takes too long to plan, to execute, to clean up". I must admit, I was taken aback by this reason. If its worth doing, its going to be 'work' to do it, isn't it? Why all of a sudden are people afraid of hard work? Is it because we are so inundated with things we need/ want/ choose to do today, that the idea of more or hard work for something else is just too much? I honestly don't know. But I do know, it is going to take 'hard work' to put St. Joe's on the

map like its never been before. And you know what, if it doesn't work, well it won't be for lack of trying.

What is wrong is not trying at all, criticizing but not guiding, finding fault before completely understanding the reasons behind a particular thought or action. And being judgmental – even if you think its for the better good, before you really know all sides of an argument. There are reasons we may not only not be aware of, but are not privy too. We must count on people we trust in the positions they've been placed in to do the best they can. And they can't do that job well, if they are put down instead of supported. Especially if those that are critical are not offering help, just complaints.

Now what might you ask, am I talking about? No one in particular I assure you. I can honestly,

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**Monday,
September 14 th**

Vestry Meeting
7 pm

A NEW Coffee House Concert Series

You've heard of the Sundaes on Friday Night Concert Series haven't you? It has been wonderful, with the many talents of cello, piano, voice and drums just to name a few. Well, we've decided to expand our concert series to include another layer of talent.

Talent from people who may not have a venue to perform. There are an amazing amount of people who have the gift of music. Yet they may not belong to a band, or orchestra, or do not have the experience of performing in front of a live audience.

We'd like to give people the opportunity to have the experience. So, on July 10th, St. Josephs was proud to introduce Pear B....in her debut performance! Pear is an up and coming singer. She graced us with popular songs and well as a few of her original pieces. Accompanied by a single guitar player Vinny, she was the start of our Coffee Hour Concert series. The Cutler Music Room was transformed into a relaxed café, coffee, tea and wonderful desserts and fresh fruit were served and meant to be en-

joyed along with the music.

The audience then had a chance to meet and greet Pear and Vinny after the concert. When do you have a chance to actually meet the people you go to a show to see?!

For a very modest \$5 entry fee, we provided a very special evening to be enjoyed and remembered.

We ask that if members of the parish know of a talent who would like to participate in this series, please give Patty Young a call: 914-592-7166 and lets plan to meet and discuss your debut!

Monday, Sept. 7th

Church Office Closed

Just a Thought..., cont.

sincerely say, I believe every single person who graces St. Joe's brings a gift with them, a individual, personal, unique gift that should be nurtured and appreciated.

I don't care if you're two years old, and your gift is that big grin – that makes others smile right back at you. Or if you're 92 and you tell the same joke over and over again

that everyone who has already heard it 100 times, makes you laugh over and over again. Or somewhere in the middle, and your gift is carrying the load of finance and/or administration on a day to day basis, so that business of keeping a church operating, runs smoothly on a day to day basis. That's how it can work isn't it? Hmm. – that's why

it takes ALL of us to make a church, not just one person – be that the priest, a committee, the biggest share holder – no, it is ALL of us. With ALL our gifts and flaws, our spirit, our faith and our love for our God. Just think about it okay?

Breathe Deep,
Think Peace

Patty

How to Tell if You Talk to Much and What to Do if You Do!



**Monday, June 14th
& 28th**

*Coordinating
Committee
6:00 pm*

A dear friend of mine was telling me – something – it must have been wonderful – she was so excited about it, but I realized after 10 minutes, I had stopped listening – it must have shown on my face – because she suddenly stopped and said, “I’m talking to much aren’t I?” I realized then, “Yes” she does! I also realized how much I tried to avoid her on some days when I simply didn’t have the time to listen to her go on and on and on.

God Bless Google! I have used it for directions, phone numbers to basic first aid and recipes. So, just for the heck of it – I Googled the title of this article, and this is what I learned:

Everyone likes to be heard. There’s nothing wrong with wanting people to know your opinions, or how you feel. However, expressing yourself can be a bad thing when it begins to annoy the people around you or cause yourself personal embarrassment (foot

in mouth syndrome.) Additionally, part of being a good friend is being able to shut up and listen. If you’re worried that you might talk too much, read on!

Steps:

1. Assess the conversation: So, you just met your friend for lunch and are worried you may have dominated the conversation...again. Honestly and in an unbiased manner, replay the lunch date in your head. As yourself some questions like, “Who truthfully did the majority of the talking?”, “Did we talk more about me or about my friend?”, “How often did I interrupt my friend?”

This will help you to see clearly whether or not you talk a lot in comparison to other people. Don’t limit these “replay sessions” to your social circle, think about the way you talk to EVERYONE. Including, but not limited to – your

boss, mother and the restaurant help.

2. Pay attention to body language: Do people sometimes roll their eyes when you start to talk or maybe tap their foot impatiently? Do people begin to phase out when you begin to elaborate on something? Do people simply nod their head and throw out irrelevant “Yeahs” and “Uh-huhs”? Or worse, do people sometimes ignore you completely when you get on a verbal roll? These are some good indicators of whether you bore people by talking too much. If signs like these are consistent factors in your conversations, you probably talk to much.

3. Keep count of all the times you accidentally say more

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New Church Office Hours

Monday thru Friday 9am-noon

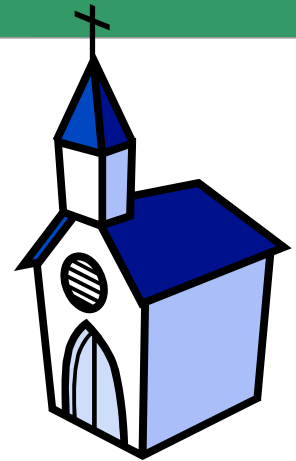
In our effort to save energy, and provide the best efficiency possible, we are going to try restructuring the business end of running St. Josephs.

If everyone knows they have our full attention every morning, every day of the week to do business, request information, follow ups, drop offs, whatever it takes to be helpful – great! The afternoons will see the church answering machine hard at work – while the staff can work uninterrupted for the

remainder of their working day.

As you already know, we have tried to altar church hours this summer by being closed on Fridays, however, this caused unforeseen hardships for a few people and became very confusing. We hope that by having every one know – you can find help five days a week each morning – yet if something comes up – will still be able to make contact – we hope to run the business end of running a church more productively.

Of course if there



is a pastoral emergency – that will be handled as soon as possible. The phone messages will be listened to daily, and of course all the current phone numbers are listed in the directory at your disposal. Thank you for your patience and support as we try to make changes that will benefit everyone.

Sunday, Sept. 20th

*Valhalla Residence
Dinner*

Talk too much? Cont.

than you mean to say: Do you find yourself often giving away bits of information you don't mean to? A friend's confidence, or your

own (sometimes embarrassing) problems? Or maybe you let slip rude or hurtful opinions of people. Note how often this

occurs in day to day conversations.

See next month's Arimathean for the conclusion of this article.

Save the Dates!

Monday, **Sept. 7th** Labor Day – Church Office Closed
 Coordinating Committee Meetings: **Sept. 14th, 28th** 6pm
 Vestry Meeting: **Sept. 14th** 7pm
 Women's Workshop Begins Tuesdays, **Sept. 15th, 22nd, 29th** at 10am
 Sandwich Brigade on Wednesdays, **Sept. 23rd, 30th**
 Sunday School Kick Off! **September 13th** Kick Off Luncheon!

We Owe You An Apology

It is with deep embarrassment we did not correctly name those who donated flowers in May. There were several glitches to our system and we sincerely apologize. To try our best to make sure this does not happen again, I'd like to create a space in the Arimathean to list people who are donating Altar flowers to those they love – in memory or in celebration – we do recognize how important this is to you. We are sincerely sorry.

Flowers Given By:

- | | |
|---------|--|
| May 3 | Doreen McDermott in loving memory of her son Matthew McDermott. |
| May 10 | Nancy Platt in celebration of the birthday of her grandson Kirk.
Herbert Camp in memory of Geoffrey C Camp. |
| May 17 | Judy Bутtenheim and family in loving memory of Don & Kay Bутtenheim.
Sally Camp in loving memory of Geoffrey C Camp |
| May 24 | Eleanor and Dominick Festa in loving memory of Anna & Stephen Durec. |
| May 31 | Jinny Cutler in loving memory of her parents Henry & Jeanie Barone. |
| June 7 | Carolee Metroka in Thanksgiving for her six grandchildren. |
| June 14 | Al Gerosa in celebration of the birthday of his grandson Jason G Fulton |
| June 21 | John & Maureen Caley in loving memory of Alice McElroy and Richard Laeger |
| June 28 | Dine & Bob Dellenback in loving memory of Walter H McNeely and the anniversary of their marriage |
| July 5 | Mary & Obie Clifford |
| July 12 | Virginia Kinney |
| July 19 | Dorothy Olson in memory of Theodore L Olson |
| July 26 | Al Gerosa in celebration of the birthday of his grandson Jesse Gerosa |
| Aug 2 | Joan Lord and family in loving memory of Bill Lord and Al Gerosa in celebration of the birthday of his granddaughter Asia Gerosa |
| Aug 9 | Al Gerosa in celebration of the birthday of his daughter Nina B Gerosa |
| Aug 16 | Lucy Knight in memory of her daughter Laurel |
| Aug 23 | Al Gerosa in celebration of the birthday of his daughter-in-law Angela Fulton
Jay Farfalla in loving memory of his parents Luise & Anthony Farfalla |
| Aug 30 | Mary & Obie Clifford |



Culinary Corner

One of the best summertime salads I've ever tasted! With fresh ingredients – that takes no time at all to prepare – I have no doubt this will become one of your new summertime favorites too! Enjoy!

Corn, Tomato and Avocado Salad

Prep time: 10 min. Level: Easy Yield: 8 servings

Ingredients:

For the dressing:

1 ½ cup packed fresh cilantro
 ½ cup good quality extra-virgin olive oil
 2 tablespoons fresh lime juice
 1 teaspoon finely grated lime zest
 Kosher salt and freshly ground pepper

For the salad:

4 ears of corn, kernels removed (about 3 cups)
 (frozen Shoepeg corn can be used, but fresh is simply yummy)
 1 ½ pounds grape tomatoes, halved – about 3 cups
 1 pound fresh mozzarella /diced
 2 medium avocados /diced

Directions:

Combine the dressing ingredients in a blender using 2 teaspoons salt and pepper to taste; process until smooth. Combine the salad ingredients in a large bowl and toss with the dressing. Let sit at least 15 minutes before serving, or cover and refrigerate for up to 4 hours.

Prayer List

Connie Barrett, Jamie - Carol Rohl's friend, **Mary Jo Tuttle, Brenda Letford** - Billie-Ann's friend, **Sydney White** - Charles White's brother, his niece **Sheila White**, The **White** family, **Rick Merrill**- classmate of Camele White, **Alexander Borzova** - Alla Borzova's father, **John Scheib**, The **Barnaby** family - especially **Zack, Arianna Fujimoto Harris**, The **Udogwu** family, **Nancy Platt, Pastor Addie, Jane Dunne & Carol Vanecek** - Mary-Carol's friends, **Elizabeth Graves**- Jennifer Larrow's friend, **Grace Anderson-Smith** -Althea Serranr's daughter, **Debbie Gillette-Hermansen, Linda Dralle** - Barbara Brown's friend, **The Carpenter's Kids** in Mbabala, Tanzania



Monday, Sept. 14th

*Vestry Meeting
7:00 pm*

For Your Information

Advice from Snopes

Here is a nice little tidbit of information that came my way, so if any of you are wondering why I won't return something to you that said something like "if I don't get this back I'll... or, "See how many flowers or hugs you can get back" or "Forward this to 10 people in the next 5 minutes, or something bad will happen to you", etc!

1. Any time you see an email that says forward this to '10' of your friends, or sign this petition, or you'll get bad luck, good luck or whatever, it almost always has an email tracker program attached that tracks the cookies and emails of those folks you forward to.

The host sender is getting a copy each time it gets forwarded then is able to get lists of 'active' emails to use in Spam emails or sell to other spammers.

2. Almost all emails that ask you to add your name and forward on to others are similar to that mass letter years ago that asked people to send business cards to the little kid in Florida who wants to break the Guinness Book of World Records for the most cards.

All it was, and all any of this type of email is, is a way to get names and 'cookies' tracking information for telemarketers and spammers to validate active email accounts for their own profitable purpose.

You can do your friends and family members a GREAT favor by sending this information to them, you will be providing a service to your friends and they will be rewarded by not getting thousands of spam emails in the future.

3. If you have been sending out (Forwarding) the

above kinds of emails, now you know why you get so much spam!

4. Do yourself a favor and STOP adding your name(s) to those types of listings regardless how inviting they might sound. You may think you are supporting a GREAT cause, but you are NOT in the long run. Instead you will be getting tons of junk mail later! Plus, we are helping the spammers get rich! Lets don't make it easy for them.

5. Lastly, the email petitions are NOT acceptable in Congress or any other organization. To be acceptable, petitions must have a signed signature and full address of the person signing the petition.

For more information check out:
www.snopes.com/inboxer/petition/internet.asp



ST. JOSEPH OF ARIMATHEA

2172 Saw Mill River Road
White Plains, New York 10607

(July/August 2009)

If you do not hope,
you will not find what is
beyond your hopes.
~St. Clement of Alexandria

The Reverend Claire Lofgren, Interim Pastor
Rick Ewen, Sr. Warden

Vestry: Ben Alexander, Joan Cameron, Catherine Gmoser, Jennifer Haus,
Chris Larrow, Donna Rosengren, Katie Saliba, Althea Serrant, Sharon White,
Donna Rosengren, Treasurer * Patty Young, Clerk

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Catherine Gmoser, Layout Grady Jensen, Historian

Glad Tidings!

07/01 Allison Carrasquillo	07/31 Mary Clifford
07/03 Barbara Widmayer	08/11 Rev. Addie Clark
07/08 Marion Hellthaler	Anne Paige
07/09 Nk Udogwu	Harmon
07/10 Ethan Alexander	08/18 Takashi Motohashi
Norma Pentz	Theodore
07/12 David Forbert	Widmayer
Thomas Jalicki	08/25 Donald "Obie"
07/13 Emeka Udogwe	Clifford
07/14 Robert Ewen	08/26 Joseph Prisco
07/16 Matilda Scheib	
07/17 Robin Chalmers	
07/21 Ugo Udogwu	
07/25 George Watts	
07/28 Denise Jalicki	

