

The Arimathean

Inside this issue:

Sundaes on Fridays	2
We've Got Mail	3
Many Thanks	5
Memorial Gardens	5
Project Manager	6
Save the Dates	7
With Deep Sorrow	7
Culinary Corner	8
Good News	9
Prayer List	9
Glad Tidings!	10

As we move into the fall, we begin the process of searching for a new pastor here at St. Joseph's; a new shepherd to provide leadership to our flock. We have been blessed with a "foster shepherd" while we go through the process: The Reverend Claire Lofgren, who will be introducing herself to us on Sunday, September 7th. Pastor Claire has been attending Coordinating Committee and Vestry meetings, getting to know us over the summer. The Wardens and the Vestry are confident that we will be competently guided over our next period of search. Pastor Claire comes to us with wonderful ideas and a vital energy that will help us develop as a congregation and as individuals called to serve Christ in this world.

Althea Serrant has agreed to serve as the Chairperson of our Search Committee. This is an important role. Althea's experience as a recently retired, high level administrator in the New York City Public Schools offers a great gift to us, her family in Christ. Our Warden Emeritus Charles White, will serve as Chaplain for the Search Committee, offering us his astute wisdom and guidance in keeping the process steeped in prayer.

And that's where the rest of the St. Joseph family comes in. We need your prayers. We also need to keep serving each other through this process. If you have a pastoral need, if you know of someone who is in the hospital or who is shut in and in need of pastoral care, if you need our prayers, please let us know. You can call Gretta, Patty, your Wardens and Pastor Claire.



With Blessings and Care in the Love of our Lord and Savior Jesus Christ.

Sr. Warden Rick Ewen and Jr. Warden Connie Barrett

Sundaes on Friday's Concert Series

The first Sundaes on Fridays concert took place on July 25th with wonderful performances by our own Alex Dmitriev playing works of Scott Joplin and the Celtic singing group Salt of the Earth, featuring Una McGillicutty and Lisa Wendel. Salt of the Earth performed works of the British Isles as and some songs for the ice cream social which followed.

The next concert in the series will take place on Friday, September 26th at 7:00 p.m. and will be a

performance of works for viola and cello performed by the Nilsen/Barrett duo. The program encompasses five centuries of music.

Elizabeth Nilsen, violist, and Constance Barrett, cellist, have performed throughout North America and Europe in an eclectic variety of ensembles. Both Nilsen and Barrett are on the faculty of the Greenwich Public Schools as string specialists and have presented papers to the Suzuki National



Conference.

The Sundae's on Friday series is open to the public. All are welcome to attend the concerts and the "Meet the Artists" ice cream social afterwards. There is a suggested donation of \$10 for adults, \$5 for students and seniors to help defray costs, but no one will be turned away.

**Thursday,
September 11th**

Remembering 9/11
7 p.m.

We've Got Mail!

I was going to ask that you take a moment and read the letters we've received from Robin Chalmers and Doreen McDermott on the bulletin board outside the McNealy Room. Then I realized many of you may not get to see the bulletin board in



person! So here are the letters!

Thank you Robin and Doreen for keeping in touch – we miss you very much! For all of you who find a free moment, please send us your letters to print, we'd love to hear from you too!

Robin Chalmers

August 8, 2008

Dear Friends at St. Joseph,

What a lovely and complimentary birthday card you sent! I do greatly miss St. Joseph's and all you wonderful people. Jinny Cutler keeps me in touch.

I visited four churches in Cambridge and settled on Christ Church. It is a lovely old church – not too "High", but Communion every Sunday at 10:30am. Cambridge is wonderful – sort of a homecoming for

me because both my mother and father were born here. I wish you well in your search for a successor to dear Addie.

Much love to all,

Robin Chalmers

**Sunday,
September 14th**

Kick-Off Brunch!

Doreen McDermott

August 10, 2008

Dear Friends at St. Joe's,

I miss you all and thought you might like to hear about my finding a new church. I didn't know what to expect as I had been going to St. Joe's for 30 years. The church I am attending is named, "Holy Cross Faith memorial Episcopal Church", rather long name. It was originally two parishes (one black and one white) that were both experiencing seriously declining

enrollment. They decided to join together, rather rare in the Deep South. I don't know how long ago they united but they have now become a large successful integrated parish. A few years ago they built a new much larger church which is open and light filled. It reminds me of the cutler Room with trees outside decorating the windows rather than stained glass. There are no pews (just chairs). It was strange at first to worship in a

space so large, open and light filled. About 170 people attend on an average Sunday and the choir is usually 15 to 18 members. While the service is pretty much the same, there are 2 priests (one male, one female) as well as a full time permanent deacon. More than a half dozen retired clergy make this church their home and are available to fill in and also offer healing prayer for individuals every Sunday. In addition to getting used to some new hymns and service

We've Got Mail! (cont.)

music there are other adjustments I've had to make. No kneeling, no coffee and doughnuts (juice and cookies at the back of the church), chanting of the psalms and Communion every Sunday. But there are more things that are the same, very friendly people, lovely floral arrangements in a beautiful worship space, and the beautiful words of our Prayer Book.

There are two traditions here that I especially like. The first is that the Communion bread (a whole wheat pita style) is made by members of the congregation. The second is the women's workshop that makes "healing quilts". These are the size of lap robes and are given to the sick of the parish. They are blessed at a Sunday service and before being given to the

individual are signed on the reverse side by the parish members. In addition, strings of thread are left where each square of the quilt is joined. Each one who signs the quilt ties a knot in the threads while praying. Tiny 9 square quilts in white with lace are also made for baby baptisms. These are also blessed and then signed by parish members on the reverse side. Knots are also tied and prayers for the baby are offered. It is a lovely tradition.

Holy Cross appears to have many lay readers (3 at each service) so I was surprised to see a request for new readers in last Sunday's Bulletin. I went to the meeting and will begin reading in the late fall. There were no auditions but the Rector warned us against

reading too slowly (not a problem for a New Yorker!). I guess I am getting used to my new Church but I miss knowing the names of everyone in the parish and knowing what's going on.

I have been in touch with Addie and expect her to visit me here in South Carolina this fall. I would love to see any St. Joe's members, so if you're planning to be in the Myrtle Beach area, please call me.

Bless y'all.
Doreen

***Monday,
September 8th***

Vestry Meeting
7:30 pm

Many Thanks!

Have you noticed all the little signs asking that certain windows not be opened are all gone?!

Our sincere thanks go to Mr. Arthur Hellthaler for repairing ALL the hardware for each window! It is one of the best feelings to easily open a window and greet God's gentle breeze within the walls of St. Joseph's.

We're all familiar with the phrase "Ask and ye shall receive". Well I never realized how quickly that happens here at St. Joe's!

We asked and thanks to Mrs. Mary-Carol Miller, we now have two lovely lamps in the Rector's Office! Although there are many windows in that lovely room, including a rather large one, it simply was not adequate light to read and write. Now with two lamps and three way bulbs in each, the lighting is perfect.

A big "Thank You", must also go out to our own Gretta Perrotta who found new lampshades in her travels. They look great! She also found two oval shaped snack trays

that look fine as end tables! Please stop by and take a peek when you can.

Our own Christopher Larrow is a computer wizard! Chris spent time on the phone trying to troubleshoot our computer glitches and even came to the church himself working on the three computers that keep this business rolling. His knowledge was sincerely appreciated when he located the problem and had Gretta and I up and running in no time. Thank You! Thank You!

**Wednesday,
September 17 & 24**

Sandwich Brigade
9:30 a.m.

Memorial Gardens

Many, many thanks for all those who sent contributions to the Memorial Gardens. YOU are appreciated every day we step outside.

Your generous donations have provided tree removals, pruning and mulching/spreading. We have begun research how best to handle run off, drainage and the care of the markers lovingly planted around the grounds. Some future projects will include caring and maintaining the bridges over the creek, as well as the best way to handle the very aggressive weeds located on the Rt.9A side of the property.

Any suggestions and expertise you have would be greatly appreciated. Please call Patty at 914-592-7166 to share your ideas and suggestions.

What is the Project Manager doing Now?

Hello All! Can it really be September? I am so not ready for this month! I can hardly believe my oldest daughter begins her sophomore year in college at Purchase, and my youngest is a junior in high school! So this month has been busy for me on many levels.

I am awaiting approval/redirection or re-evaluation of projects to focus on before the winter months slow me down with any construction relying on the weather to complete.

I would also like to focus a little on the grounds to see if we can replace the dandelions' with grass. I know fall is when we should fertilize and transplant anything we'd like.

One thing that has been brought to my attention is the overgrown pine trees at the entrance of the chapel. It really is a beautiful tree and would be terrible to simply cut down because it blocks the view of the bright red doors. However, I am looking into a solution. Perhaps we can move it to replace the very ill pine at the corner

of the building, then replant the bare spot with a smaller ornamental pine that will not grow too big.

Of course I will be very careful and seek people wiser than I to see if this project is possible.

I must thank our Sexton Zibby for putting a fresh coat of paint in the Rector's office, he did a wonderful job. Have you noticed? He also stained the rail leading up to the chapel outside. It looks great!

Breathe Deep,
Think Peace
Patty

**Sunday,
September 14th**

Valhalla Dinners

JUST A SMILE:

There was a very gracious lady who was mailing an old family Bible to her brother in another part of the country. "Is there anything breakable in here?" asked the postal clerk. "Only the Ten Commandments." answered the lady.

Save the Dates!

* Thursday, **September 11th** at 7pm for a special prayer service Remembering 9/11. All are welcome.

The first 'Valhalla Dinners' is scheduled for **September 14th**. To continue the success of this program, we need your help. We especially need volunteers to prepare the main dish. Please contact Mary Carol Miller or add your name to the sign up sheet that will be located by the kitchen.

*Woman's Workshop starts back up on **September 16th** – please join us for fun, fellowship, and a little stitching starting at 10am. Our little group has become very small; only two members of the parish participate on a regular basis. We are joined by two members of a sister church, whom we very grateful to. However, we need more participation from St. Joe's members. We'd love to have your company, but if you would like to take a couple of handwork pieces home, please know that is an option. I often take several to work on while I watch the news in the evenings. It keeps my hands busy and I know I'm doing something important and appreciated. Don't worry if you're not handy with a needle – its simple basting and we'll show you how! If you can join us, bring a bag lunch and spend a little time with a great group of woman!

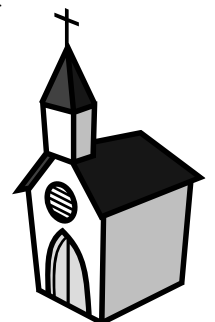
* Friday, **September 26th** - Sundaes on Friday Music Series: 7pm Connie Barrett & Nilsen - Cello and Viola

* Friday, **December 5th**—Sundaes on Friday Music Series Four time Grammy award winning percussionist Glen Velez and singer Lori Cotler!!!

With Deep Sorrow

Mrs. Joyce Frost, mother of Janette and husband of Mr. Peter Frost passed away on Saturday, August 16, 2008 in LaVerne California. Married at St. Josephs' in February 1984, the Frost family regards St. Joe's as their extended family. The internment was held on Friday, August 22, 2008 at 9am lead by Father Robert J. Godle from St. Barnabas' church in Ardsley.

Please keep Joyce, Peter, Janette and their family in your thoughts and prayers.



**Sunday,
September 21st**

Adult Education
9:30 a.m.

Culinary Corner

I adore blueberries!! I hope you do to! Here are two yummy simple recipes to try before we say good bye to this season's sweet fruit!

Blueberry Yogurt Pancakes:

Makes six servings

1-1/3 cups all purpose flour

3 tablespoons sugar

1 teaspoon baking powder

¼ teaspoon baking soda

¼ teaspoon salt

1 egg

8 ounces fat free plain yogurt

½ cup skim milk

1 tablespoon vegetable oil

½ teaspoon vanilla

1-1/2 cups blueberries washed and patted dry.

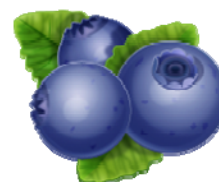
1. In a bowl combine the flour, sugar, baking powder, baking soda and salt. In a separate bowl, lightly beat the egg; add the yogurt, milk, oil and vanilla. Stir the yogurt mixture into the flour mixture until just smooth.

2. Place a dry nonstick skillet or griddle over medium heat. (Optionally melt butter in the skillet, or spray with a non-stick coating spray if you wish). For each pancake, spoon about ¼ batter into the hot skillet, taking care to not crowd the pancakes, sprinkle the fresh blueberries on each pancake. When the tops are covered with bubbles and the edges look dry, carefully flip the pancake. The second side cooks much faster than the

first, so please don't walk away!

3. Repeat in several batches keeping the pancakes warm in a 200 degree oven until ready to serve.

Nutrition: per serving 197 calories, 6 g fat, 36 g carbohydrates, 2 g fiber, 0 saturated fat, and 266 mg sodium.



December 5th

Sundaes on Fridays
Music Series

Blueberry Peach Smoothie

Hint: For thicker smoothies, use more ice cubes!

2 peaches sliced

1 cup blueberries

1 (8 ounce) cup nonfat vanilla yogurt

1 tablespoon of honey

4-5 ice cubes

Combine all ingredients in a blender and puree. Makes 2 servings.

Nutrition: per serving: 236 calories, 8 g protein, 53 g carbohydrates, 4 g fiber, 1 g fat and 79 mg sodium.

Great for a fast healthy breakfast at any age!

Good News

Adult Education EVERY Sunday Starting this Fall!

Q – What do you get when you combine Breakfast Club and Bible Study?

A- The new and improved Adult Education Program! Starting September 21st, we will now be offering Adult Education every Sunday morning at 9:30am. Coffee and tea will be available. The topic will be a lesson based on that Sunday's scripture readings using a study guide and discussion questions provided by Synthesis Publishing

(<http://www.synthesispub.com/>). More Good News – No Homework is required and a copy of the lesson will be available the week before. Even if you can't make Adult Ed, you can still pick up the weekly lessons in the McNealy Room. However, if you have the time between services, we'd love to have your company.

ESL – **English as a Second Language**, a partnership with BOCES and St. Joesph's will begin again! Date and Times TBA!

Sundaes on Fridays Music Series

Barrett & Nilsen
Cello & Violin
7 pm

Prayer List

Veronica Hewling (Billie-Ann Grant's mother),
Brenda Letford, (Billie-Ann Grant's friend), the Udogwu family,
the Barnaby family, especially Zach, Alexander (Alla Borzova's
father), Arianna Fujimoto Harris, Phyllis Shwedo,
Jane Dunne & Carol Vanecek (friends of Mary-Carol Miller)
Merlene Chambers (Charles White's sister), Dottie Cunningham &
Linda Dralle, (Barbara Brown's co-workers), Gordon Hecht,
Sheila White (Charles White's niece), Maggie Jensen,
Elizabeth Graces, (friend of Jennifer Larrow),
Grace Anderson-Smith (daughter of Althea Serrant)
the Carpenter's Kids in Mbabala, Tanzania



ST. JOSEPH OF ARIMATHEA

2172 Saw Mill River Road
White Plains, New York 10607

(September 2008)

Try not to become a man of
success but a man of value.
~Albert Einstein

Rick Ewen, Sr. Warden
Connie Barrett, Jr. Warden

Vestry: Ben Alexander, Joan Cameron, Catherine Gmoser, Lucy Knight,
Chris Larrow, Donna Rosengren, Althea Serrant, Sharon White, Richard Wisniewski
Donna Rosengren, Treasurer * Grady Jensen, Historian

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Catherine Gmoser, Layout

Glad Tidings!

Happy Birthday to ...

09/03	Howard (Bunkie) Harmon
09/04	Ramon White
09/07	Bianca Grant
09/15	Patrick Wisniewski
09/24	Rene Lynn Patterson
09/26	Ifeoma Udogwu

